

# Step By Step Instructions



1  
Draw and cut out 4 large hearts using the template in pink felt



2  
Draw and cut 6 medium hearts and 2 small hearts using the templates in white felt



3  
You will have 4 pink large hearts (2 fronts and 2 backs), 6 medium white hearts (3 fronts and 3 backs) and 2 small white hearts (to be sewn onto the pink hearts)



4  
Work through the 5 heart designs following steps 5-9 and using the Heart Design details on page 4.

For all stitching use 2 strands of thread (see general instructions on front page). Detailed stitch instructions can be found in the stitch guide on page 5.



5  
Working on medium white heart.  
Optional—using a pen/pencil lightly draw a heart shape in the centre of the heart.  
Sew the outside line of the inner heart using backstitch ensuring to cover the line you have drawn. Fill the heart in 2 halves using satin stitch  
Sew a line of running stitch 5-7mm from the outside of the heart.



6  
Working on a medium white heart  
From the centre point of the heart sew 8 Lazy Daisy stitches in a flower shape always starting at the centre for points 1 and 2.  
Using backstitch sew a zig zag line around the outside of the heart 5-7mm from the outside of the heart.



7  
Working on a medium white heart  
Optional—using a pen/pencil lightly draw the curved lines up either side of the heart, around 1cm from the edge of the heart.  
Sew these lines in backstitch.  
Returning back down the line of stitches sewing 2 Lazy Daisy stitches between each stitch, either side of the line, pointing towards the top of the heart



8  
Working on a small white heart, and pink heart.  
Use pairs of single stitches in a cross to sew the white heart to the pink heart.



9  
Working on a small white heart..  
Sew 6 single stitches from the centre point of the heart in a star formation.  
Sew a French knot in the centre of the star  
Working on the small white heart and pink heart.  
Sew the white heart to the pink heart using running stitch approx. 3mm from the edge



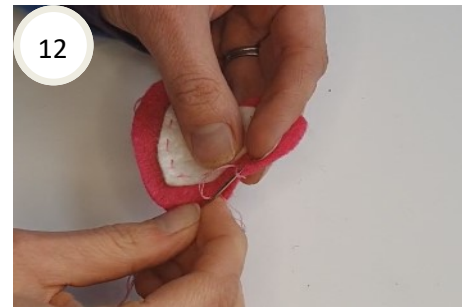
10

Take a matching front and back heart.  
To start the blanket stitch off tie a knot in the end of the thread and take the needle from the underside of the front heart to the front.



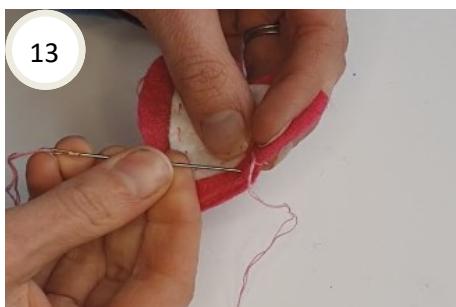
11

From the back of both hearts bring the needle up through both hearts in the same location as previously and pull.



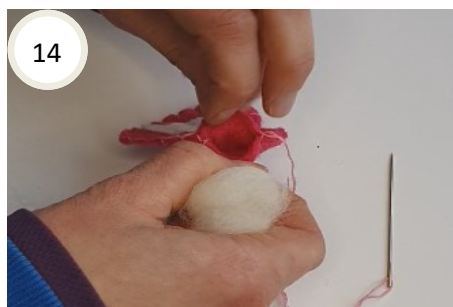
12

Pass the needle under the stitch you have just created towards the top of the heart to catch the stitch.



13

Moving 5mm down the heart, push the needle into the front of the heart and out the back ensuring that it passes over the loop of thread and pull. Repeat blanket stitch around the heart leaving approx. 2cm gap at the end for stuffing



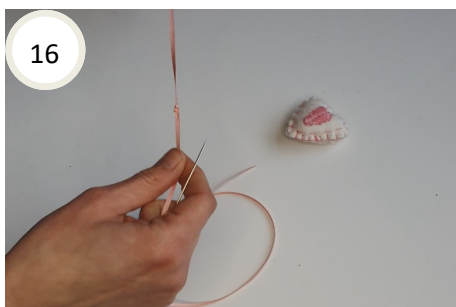
14

Open the gap and stuff with wool.  
Continue with blanket stitch to close the hole, finishing with a final stitch in the same location as the first. Sew over this stitch again and pass the needle between the 2 layers into the heart and out the other side and trim the thread.



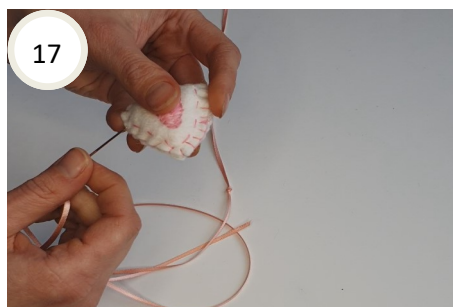
15

Repeat for all 5 hearts.



16

Take the ribbon and tie a knot approx. 20cm from 1 end. Thread the other end into the needle.



17

Feed the needle between 2 stitches and the 2 layers of felt into the heart approx. 1-2cm from the top of the heart and push through the heart and out the other side between 2 stitches. Secure heart in place with a knot.

Tie another knot 2-3 cm from the first heart and repeat with the next heart. Continue until all 5 hearts are hung.



18

Tie loops in each end of the ribbon to hand the garland up.